

# RULES FOR PRIVATE CARE AGENCIES IN ARKANSAS

**TABLE 1**

Aide training for employees course and clinical work topics shall include, but not be limited to:

- A) Body Functions;
- B) Body Mechanics & Safety Precautions;
- C) Communication Skills;
- D) Health conditions;
- E) Alzheimer's disease and dementia (4 hours) to include:
  - 1) Communication Skills;
  - 2) Problem solving with challenging behaviors;
  - 3) Assistance with daily living; and
  - 4) explanation of Alzheimer's disease and other dementia;
- F) Emergency recognition and procedures;
- G) Household safety and fire;
- H) Infection control;
- I) Ethical considerations and state law regarding Nurse delegation;
- J) Nutrition;
- K) Ambulation;
- L) Household services for healthcare to include basic housekeeping procedures and laundry;
- M) Bathing, shampooing, shaving;
- N) Personal grooming to include dressing and undressing;
- O) Meal preparation and clean up;
- P) Oral hygiene;
- Q) Normal range of motion;
- R) Toileting;
- S) Transfer techniques;

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- T) Recordkeeping and documentation to include reporting changes to appropriate supervisor;
- U) Role of caregiver in team; and
- V) Nail and skin care.